



SANDHICHHAYA-Wockhardt's Initiative for Preventive Health Care

Pain is the body's message that something is wrong. Backache & headache are very common in 90% of people. These are not disease in themselves but are symptoms of a dysfunction in associated structure. Human body function like a locomotive system comprises of the skeletal system which not only supports the body, but provides a fantastic framework for movement.. In the form of joints life starts with movement, which continues throughout life. Aging joint shows wear & tear and symptoms of pain appear. Aging cannot be arrested or stopped. But it can be delayed and the pain can be cured.

Wockhardt Hospitals, Nagpur have been a pioneer to organize preventive health lecture to provide quality life to patients through program like Sandhichayya. The basic idea behind this program is to create awareness among the society about Joint related disorders and its prevention. Especially in old age wherein common causes can be Rheumatoid Arthritis (an autoimmune disorder that causes stiffness and pain in the joints). Osteoarthritis (involves growth of bone spurs and degeneration of cartilage at a joint) etc. It was a unique initiative of Wockhardt Hospitals Nagpur for the citizens of Amravati at Sant Gyaneshwar Sanskrutik Sabhagruha to share a platform wherein they had discussed their Joint Problems with eminent doctors from Wockhardt Hospitals, Nagpur, and got benefitted through this innovative program.

Also present on the occasion Mr. Murli Rao (Regional Head-Wockhardt Hospitals, Nagpur) said The Bone and Joint Care at Wockhardt Hospitals has already established itself as a "Center for Joint Replacement". Surgery with highly skilled clinical expertise, most advanced technology and dedicated Joint Replacement Operation theater and Computer Navigation System for Joint Replacements to provides more accurate implantation, supported by CT scan MRI under one roof.

Dr. Laghvendu Shekhar (Joint Replacement Surgeon) said, with our changing life-styles, even younger people now require joint replacement surgeries. We have interacted with patients, advised joint replacement surgery by their treating doctor, but due to lack of awareness and knowledge of the outcome, patient allows their condition to deteriorate further. Why tolerate the discomfort, pain and deformity when you have the option of pain-free, complete range of movement?

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