

TKR with no blood loss



GIVEN ALL TOP CLASS FACILITIES MEDICAL FACILITIES AVAILABLE IN NASHIK, DR SANDEEP THAKUR, REGIONAL HEAD, WOCKHARDT, SAID NASHIK HAS VERY MUCH BECOME A MEDICAL CITY

Santosh Sonawane NASHIK CITY

Total knee replacement (TKR) surgeries on a day-to-day basis are becoming more and more advanced. Dr Yogesh Chaudhari, consultant joint replacement surgeon, Wockhardt Hospital, Nashik, however is performing very specialized total knee replacement (TKR) surgery that is performed with zero blood loss.

The results are extremely encouraging and it proves that our TKR technique - tis-

sue preserving TKR surgery offers good results even for very aged patients because of minimal tissue damage around the operating site. We have almost stopped the use of blood transfusion for knee replacement surgeries even for patients who have been operated on both knees in one sitting, he said.

Dr Chaudhari's approach for tissue preserving TKR surgery goes beyond the general scope of conventional TKR surgeries that involve cutting through the quadriceps including muscles, tendons, cords and tissues dur-

ing the surgery. It involves significant long incisions to the knee and cause trauma to the surrounding tissues that results into painful long recuperation periods. The patient would typically need walking aid for three to six weeks for the long cut to heal. However, in case of Tissue Preserving TKR, the procedure involves just flipping across the muscles to reach the bone.

He further informed that TKR surgery combines a muscle sparing exposure so as to reduce the need for ligament release and appropriate implants which sacrifice less normal bone. The technique offers among others the ability to bend the knee almost immediately after the operation and walk without other aid much faster than conventional TKR procedure.

Speaking at a press conference called on Friday, Dr Shridhar Thakur, Regional Head, Wockhardt Hospitals, said that after Mumbai and Pune the Advance Centre for Joint Replacement Surgeries was the best after the ones in Mumbai and Pune in entire Maharashtra and added that soon the Hospital would also get JCI accreditation, that would put the hospital among the very few in the entire country to have best of facilities, with expert doctors and trained staff at par with the international standards.

Also present on the occasion was Centre Head of Wockhardt Hospital, Nashik Rakesh Sharma.

A couple of patients who underwent TKR also expressed their views on the fast recovery and human touch by the medical staff there that put them into 'motion from emotions'.

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