



Case Study



TOTAL FREEDOM  
ACHIEVED WITH  
TOTAL HIP  
REPLACEMENT.



# TOTAL FREEDOM ACHIEVED WITH TOTAL HIP REPLACEMENT.

## SUMMARY

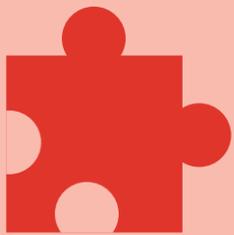
A young female patient with burn-out secondary osteoarthritis of the hip, knee and shoulder joint was operated upon with Total Hip Replacement successfully at Wockhardt Hospitals, Navi Mumbai.



### PATIENT PROFILE

The patient, a female, was refused surgery at other hospitals. The reasons given were:

- Severe and aggressive form of secondary osteoarthritis
- Very low haemoglobin level
- Left knee previously operated on for fracture
- Financial issues
- Poor bone quality (osteoporosis)



### CHALLENGES

The patient was brought to Wockhardt Hospitals, Navi Mumbai, with burn-out secondary osteoarthritis of the hip, knee and shoulder joint. The ECHO, ECG, Bone Marrow test, X-ray, CBC and Blood Calcium investigations revealed that the patient was suffering from Rheumatoid Arthritis which was so severe in nature that she was completely bed-ridden, even for her daily activities (Level 2). Since the patient was young, one of the major aims of the operation was to help her lead a normal life. It was thus decided to operate using the Minimally Invasive Technique for knee and hip replacement.



### PROCEDURE

The team of doctors decided to operate the patient in 3 stages:

- In the first stage, the plate was removed from left knee and a one-sided Total Hip Replacement was performed.
- In the second stage, Total Hip Replacement on the second side was performed, after 3 days.
- In the third stage, in a single sitting, both Knee Replacement surgeries were performed after 8 days.



### DOCTOR'S OPINIION

Dr. Shailendra Patil says: "Sedentary lifestyle, little exposure to the sun, poor eating habits and lack of exercise not only cause lifestyle disorders but like hypertension and diabetes but are also a major reason for the early onset of osteoarthritis in Indians, especially in women."

The earlier you consult a doctor, the easier it becomes, to live a healthy and pain-free life.

Dr. Shailendra Patil  
Consultant - Joint Replacement Surgery  
Wockhardt Hospitals, Navi Mumbai

## ABOUT WOCKHARDT

Wockhardt Hospital's existence is the result of a 40-year tradition of caring and innovation nurtured by Wockhardt Ltd, India's 5th largest Pharmaceutical and Healthcare company with a presence in 20 countries across the globe. Within a short period since its inception, Wockhardt Hospitals has become a leading health service provider with its strong presence in the western parts of the country i.e. Mumbai, Nagpur, Rajkot, Nasik, Goa and Surat. This group of 9 hospitals fulfills the need of the community in its chosen field of super specialty like Cardiology, Orthopedics, Neurology, Gastroenterology, Urology, Aesthetics and Minimal Access Surgery.

We follow process driven quality systems that adhere to international standards of clinical care, safe environment, infection control and respect for patient rights & privacy. With state of the art multi-disciplinary capabilities and world-class infrastructure and technology, we enrich the quality of life of every patient in a caring and nurturing environment and greatest respect for human dignity and life.

Many of the Wockhardt group of hospitals has accreditation of the NABH (National Accreditation Board of Hospitals & Healthcare), the highest and the most stringent quality standards institution in India and the National authority in healthcare accreditation. To meet these standards the hospital needs to have a quality driven approach right from the patient registration, admission, pre-surgery & post-surgery protocols, discharge from the hospitals to follow ups after discharge.

In pursuance of its vision to establish state-of-the-art medical facilities in India along with a high degree of clinical excellence, we have entered into strategic alliances with Partners Medical International, USA, whereby Wockhardt has access to Harvard's expertise and experience in the fields of surgery and other Medicare services.

Partners Medical International (a non-profit organization) serves as a catalyst in bringing together healthcare professionals from around the globe towards improving the delivery of healthcare through education and implementing its vision that every citizen of the world should have access to quality healthcare in their own country. Today, Harvard Medical International has selective collaborations with medical communities, Wockhardt hospitals being one of them.

Wockhardt group of hospitals in India is a preferred destination for patients from Europe, USA, Africa, Middle East and South Asia. Most of the doctors/ surgeons have been trained or worked extensively at some of the best medical institutions in US, Europe and other advanced countries.

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